

Tier One Canada Research Chair in Health and Well-Being

Dr. Michael P. Leiter has been appointed as a Tier One Canada Research Chair in Health and Well-being for Acadia University. Leiter, a tenured member of Acadia's faculty complement, is a senior researcher with an international reputation. Leiter will provide the necessary leadership and mentoring required to develop Acadia's Health and Well-Being research capacity.

The research plan, defining the Tier 1 Chair in Occupational Health and Well-Being, is to explore and examine the factors that influence our health and well-being. The research focuses on the continuum from stress or burnout at one end, to engagement with work on the other end. The research is consistent with the Plan's definition of health as a "multi-dimensional condition that includes spiritual, physical, mental/psychological, occupational, and social well-being."

The research focuses on work settings and provides significant opportunity for collaboration with colleagues at Acadia, in the region and internationally. At Acadia, collaborative opportunities exist with scholars in the social sciences and management studies, as well as scientists in kinesiology. The research plan provides further opportunities for collaboration with colleagues at university and health care settings regionally and internationally.